

Overall Finish List**Girls****Varsity Girls 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	(< 5)	826	Katherine Geist	Crookston	11	19:34.5	3:55/K
2	1	1008	Liz Birkeland	Perham	8	19:57.2	3:59/K
3	2	1125	Kira Sweeney	Staples-Motley	10	20:04.6	4:01/K
4	3	1120	Kyanna Burton	Staples-Motley	7	20:05.8	4:01/K
5	4	985	Abby Syverson	Pelican Rapids	11	20:12.6	4:02/K
6	5	1006	Quincy Anderson	Perham	8	20:14.7	4:03/K
7	6	721	Regan DeWitt	Bemidji	8	20:15.6	4:03/K
8	7	905	Rylie Polomny	Moorhead	11	20:16.4	4:03/K
9	8	896	Taylor Melton	Moorhead	11	20:20.4	4:04/K
10	9	744	Gwen Youso	Bemidji	11	20:23.0	4:05/K
11	10	1010	Caitlin Covington	Perham	12	20:28.1	4:06/K
12	11	890	Ella Grafstrom	Moorhead	9	20:48.2	4:10/K
13	12	898	Anna Nelson	Moorhead	8	20:51.5	4:10/K
14	13	1022	Lauryn Rustad	Perham	8	20:51.5	4:10/K
15	14	1017	Mya Morris	Perham	8	21:03.5	4:13/K
16	15	1030	Hailey Wegscheid	Perham	12	21:04.4	4:13/K
17	16	822	Lydia Floden	East Grand Forks	8	21:05.0	4:13/K
18	17	1123	Addison Lorber	Staples-Motley	9	21:09.7	4:14/K
19	18	1029	Emily Vanwatermulen	Perham	10	21:10.4	4:14/K
20	19	907	Malery Selberg	Moorhead	12	21:11.1	4:14/K
21	20	832	McKenna Langerud	East Grand Forks	12	21:11.7	4:14/K
22	21	824	Marin Garrett	East Grand Forks	10	21:15.5	4:15/K
23	22	1173	Rebecca Heppner	Warroad	12	21:17.3	4:15/K
24	23	902	Cassidy O'Meara	Moorhead	12	21:21.9	4:16/K
25	24	863	Lily Peterson	Hawley	9	21:22.8	4:16/K
26	25	1141	Jerzie Finstad	Thief River Falls	11	21:23.0	4:17/K
27	26	720	Kayla Dewitt	Bemidji	11	21:23.2	4:17/K
28	27	806	Sarah Bostrom	Crosby-Ironton	9	21:24.0	4:17/K
29	28	1124	Ashley Robben	Staples-Motley	8	21:26.6	4:17/K
30	29	892	Rylie Johnson	Moorhead	11	21:35.4	4:19/K
31	30	983	Ellie Johnson	Pelican Rapids	11	21:36.1	4:19/K
32	31	1074	Lelia Johnson	Roseau	7	21:41.8	4:20/K
33	(< 5)	704	Amelia Landsverk	Bagley/Fosston	12	21:42.4	4:20/K
34	32	1143	Dru Harbott	Thief River Falls	8	21:48.8	4:22/K
35	(< 5)	705	Jenna Manecke	Bagley/Fosston	10	21:51.0	4:22/K
36	33	1166	Eliana Bleess	Warroad	10	21:52.6	4:22/K
37	34	810	Lily Peterson	Crosby-Ironton	10	21:54.8	4:23/K
38	35	823	Quincie Floden	East Grand Forks	10	21:56.8	4:23/K
39	36	1121	Addisyn Chicos	Staples-Motley	7	22:04.3	4:25/K
40	37	865	Ivy Tickel	Hawley	7	22:09.7	4:26/K
41	38	819	Kassidy Allard	East Grand Forks	10	22:13.1	4:27/K
42	39	736	Nessa Peters	Bemidji	10	22:16.6	4:27/K
43	40	981	Maddie Guler	Pelican Rapids	11	22:21.7	4:28/K
44	41	825	McKenna Garrett	East Grand Forks	12	22:28.3	4:30/K
45	42	982	Rachael Guler	Pelican Rapids	10	22:43.0	4:33/K
46	(< 5)	693	Hailey Olson	Ada-Borup/Norman	10	22:55.0	4:35/K
47	43	862	Piper Myran	Hawley	7	23:00.0	4:36/K
48	44	866	Mia Tickel	Hawley	10	23:02.1	4:36/K

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<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
49	45	1079	Reese Strand	Roseau	12	23:10.5	4:38/K
50	46	821	Gracie Coulter	East Grand Forks	11	23:16.0	4:39/K
51	47	743	MacKenzie Williams	Bemidji	9	23:20.1	4:40/K
52	48	807	Ella Dwyer	Crosby-Ironton	12	23:34.6	4:43/K
53	49	732	Sophie Morin	Bemidji	10	23:35.1	4:43/K
54	50	809	Karli Nixon	Crosby-Ironton	10	23:44.7	4:45/K
55	51	864	Kira Thompson	Hawley	9	23:46.9	4:45/K
56	52	856	Victoria Branden	Hawley	12	23:48.8	4:46/K
57	53	987	Lily Williams	Pelican Rapids	9	24:02.4	4:48/K
58	54	1167	Madeleine Bleess	Warroad	12	24:02.7	4:48/K
59	55	1119	Abby Brown	Staples-Motley	10	24:11.9	4:50/K
60	56	741	Laura Thompson	Bemidji	12	24:23.8	4:53/K
61	57	1139	Brooklyn Brouse	Thief River Falls	10	24:24.7	4:53/K
62	(< 5)	694	Katrina Quick	Ada-Borup/Norman	9	24:26.8	4:53/K
63	58	1171	Mia Hallett	Warroad	11	24:37.6	4:55/K
64	59	805	Anna Bostrom	Crosby-Ironton	12	24:47.6	4:57/K
65	60	986	Mackenzie Thornton	Pelican Rapids	12	24:48.4	4:58/K
66	61	1122	Madysen Hull	Staples-Motley	9	25:08.2	5:02/K
67	62	1145	Abigail Semenko	Thief River Falls	12	25:09.0	5:02/K
68	63	857	Kirsten Cook	Hawley	9	25:14.1	5:03/K
69	(< 5)	827	Emily Gillette	Crookston	11	25:29.0	5:06/K
70	64	1136	Elaina Ballard	Thief River Falls	10	25:45.5	5:09/K
71	65	1172	Rachael Heppner	Warroad	10	25:48.7	5:10/K
72	66	1075	Faith Restad	Roseau	11	25:51.5	5:10/K
73	67	1073	Madicyn Holmgren	Roseau	12	25:53.4	5:11/K
74	68	1080	Skylar Thingvold	Roseau	10	26:53.7	5:23/K
75	69	1169	Amber Cole-Desrosier	Warroad	11	26:58.7	5:24/K
76	70	1182	Kiara Slater	Warroad	12	27:01.3	5:24/K
77	71	1076	Lacey Restad	Roseau	11	27:06.7	5:25/K
78	(< 5)	706	Carly Scherzer	Bagley/Fosston	8	27:48.2	5:34/K
79	72	1078	Mia Sikorski	Roseau	10	28:31.8	5:42/K
80	73	1144	Maryssa Mehrkens	Thief River Falls	12	28:42.6	5:44/K

Final Team Results

## Girls

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<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Perham</b>			<b>Finish Position - 1</b>				
Team Score (places): 43			Average Time: 20:31.0				
1	1008 Liz Birkeland	8	1	1	19:57.2	19:57.2	0:00.0
2	1006 Quincy Anderson	8	5	6	20:14.7	40:11.9	0:17.5
3	1010 Caitlin Covington	12	10	16	20:28.1	1:00:40.0	0:30.9
4	1022 Lauryn Rustad	8	13	29	20:51.5	1:21:31.5	0:54.3
5	1017 Mya Morris	8	14	43	21:03.5	1:42:35.0	1:06.3
6	1030 Hailey Wegscheid	12	(15)	(58)	21:04.4	2:03:39.4	1:07.2
7	1029 Emily Vanwatermulen	10	(18)	(76)	21:10.4	2:24:49.8	1:13.2
<b>Team - Moorhead</b>			<b>Finish Position - 2</b>				
Team Score (places): 57			Average Time: 20:41.5				
1	905 Rylie Polomny	11	7	7	20:16.4	20:16.4	0:00.0
2	896 Taylor Melton	11	8	15	20:20.4	40:36.8	0:04.0
3	890 Ella Grafstrom	9	11	26	20:48.2	1:01:25.0	0:31.8
4	898 Anna Nelson	8	12	38	20:51.5	1:22:16.5	0:35.1
5	907 Malery Selberg	12	19	57	21:11.1	1:43:27.6	0:54.7
6	902 Cassidy O'Meara	12	(23)	(80)	21:21.9	2:04:49.5	1:05.5
7	892 Rylie Johnson	11	(29)	(109)	21:35.4	2:26:24.9	1:19.0
<b>Team - Staples-Motley</b>			<b>Finish Position - 3</b>				
Team Score (places): 86			Average Time: 20:58.2				
1	1125 Kira Sweeney	10	2	2	20:04.6	20:04.6	0:00.0
2	1120 Kyanna Burton	7	3	5	20:05.8	40:10.4	0:01.2
3	1123 Addison Lorber	9	17	22	21:09.7	1:01:20.1	1:05.1
4	1124 Ashley Robben	8	28	50	21:26.6	1:22:46.7	1:22.0
5	1121 Addisyn Chicos	7	36	86	22:04.3	1:44:51.0	1:59.7
6	1119 Abby Brown	10	(55)	(141)	24:11.9	2:09:02.9	4:07.3
7	1122 Madysen Hull	9	(61)	(202)	25:08.2	2:34:11.1	5:03.6
<b>Team - Bemidji</b>			<b>Finish Position - 4</b>				
Team Score (places): 127			Average Time: 21:31.7				
1	721 Regan DeWitt	8	6	6	20:15.6	20:15.6	0:00.0
2	744 Gwen Youso	11	9	15	20:23.0	40:38.6	0:07.4
3	720 Kayla Dewitt	11	26	41	21:23.2	1:02:01.8	1:07.6
4	736 Nessa Peters	10	39	80	22:16.6	1:24:18.4	2:01.0
5	743 MacKenzie Williams	9	47	127	23:20.1	1:47:38.5	3:04.5
6	732 Sophie Morin	10	(49)	(176)	23:35.1	2:11:13.6	3:19.5
7	741 Laura Thompson	12	(56)	(232)	24:23.8	2:35:37.4	4:08.2

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<b>Team - East Grand Forks</b>			<b>Finish Position - 5</b>				
Team Score (places): 130			Average Time: 21:32.4				
1	822 Lydia Floden	8	16	16	21:05.0	21:05.0	0:00.0
2	832 McKenna Langerud	12	20	36	21:11.7	42:16.7	0:06.7
3	824 Marin Garrett	10	21	57	21:15.5	1:03:32.2	0:10.5
4	823 Quincie Floden	10	35	92	21:56.8	1:25:29.0	0:51.8
5	819 Kassidy Allard	10	38	130	22:13.1	1:47:42.1	1:08.1
6	825 McKenna Garrett	12	(41)	(171)	22:28.3	2:10:10.4	1:23.3
7	821 Gracie Coulter	11	(46)	(217)	23:16.0	2:33:26.4	2:11.0
<b>Team - Pelican Rapids</b>			<b>Finish Position - 6</b>				
Team Score (places): 169			Average Time: 22:11.1				
1	985 Abby Syverson	11	4	4	20:12.6	20:12.6	0:00.0
2	983 Ellie Johnson	11	30	34	21:36.1	41:48.7	1:23.5
3	981 Maddie Guler	11	40	74	22:21.7	1:04:10.4	2:09.1
4	982 Rachael Guler	10	42	116	22:43.0	1:26:53.4	2:30.4
5	987 Lily Williams	9	53	169	24:02.4	1:50:55.8	3:49.8
6	986 Mackenzie Thornton	12	(60)	(229)	24:48.4	2:15:44.2	4:35.8
<b>Team - Hawley</b>			<b>Finish Position - 7</b>				
Team Score (places): 199			Average Time: 22:40.3				
1	863 Lily Peterson	9	24	24	21:22.8	21:22.8	0:00.0
2	865 Ivy Tickel	7	37	61	22:09.7	43:32.5	0:46.9
3	862 Piper Myran	7	43	104	23:00.0	1:06:32.5	1:37.2
4	866 Mia Tickel	10	44	148	23:02.1	1:29:34.6	1:39.3
5	864 Kira Thompson	9	51	199	23:46.9	1:53:21.5	2:24.1
6	856 Victoria Branden	12	(52)	(251)	23:48.8	2:17:10.3	2:26.0
7	857 Kirsten Cook	9	(63)	(314)	25:14.1	2:42:24.4	3:51.3
<b>Team - Crosby-Ironton</b>			<b>Finish Position - 8</b>				
Team Score (places): 218			Average Time: 23:05.1				
1	806 Sarah Bostrom	9	27	27	21:24.0	21:24.0	0:00.0
2	810 Lily Peterson	10	34	61	21:54.8	43:18.8	0:30.8
3	807 Ella Dwyer	12	48	109	23:34.6	1:06:53.4	2:10.6
4	809 Karli Nixon	10	50	159	23:44.7	1:30:38.1	2:20.7
5	805 Anna Bostrom	12	59	218	24:47.6	1:55:25.7	3:23.6
<b>Team - Warroad</b>			<b>Finish Position - 9</b>				
Team Score (places): 232			Average Time: 23:31.7				
1	1173 Rebecca Heppner	12	22	22	21:17.3	21:17.3	0:00.0
2	1166 Eliana Bleess	10	33	55	21:52.6	43:09.9	0:35.3

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<b>Team - Warroad</b>				<b>Finish Position - 9</b>			
Team Score (places): 232				Average Time: 23:31.7			
3	1167 Madeleine Bleess	12	54	109	24:02.7	1:07:12.6	2:45.4
4	1171 Mia Hallett	11	58	167	24:37.6	1:31:50.2	3:20.3
5	1172 Rachael Heppner	10	65	232	25:48.7	1:57:38.9	4:31.4
6	1169 Amber Cole-Desrosier	11	(69)	(301)	26:58.7	2:24:37.6	5:41.4
7	1182 Kiara Slater	12	(70)	(371)	27:01.3	2:51:38.9	5:44.0
<b>Team - Thief River Falls</b>				<b>Finish Position - 10</b>			
Team Score (places): 240				Average Time: 23:42.2			
1	1141 Jerzie Finstad	11	25	25	21:23.0	21:23.0	0:00.0
2	1143 Dru Harbott	8	32	57	21:48.8	43:11.8	0:25.8
3	1139 Brooklyn Brouse	10	57	114	24:24.7	1:07:36.5	3:01.7
4	1145 Abigail Semenko	12	62	176	25:09.0	1:32:45.5	3:46.0
5	1136 Elaina Ballard	10	64	240	25:45.5	1:58:31.0	4:22.5
6	1144 Maryssa Mehrkens	12	(73)	(313)	28:42.6	2:27:13.6	7:19.6
<b>Team - Roseau</b>				<b>Finish Position - 11</b>			
Team Score (places): 277				Average Time: 24:42.1			
1	1074 Lelia Johnson	7	31	31	21:41.8	21:41.8	0:00.0
2	1079 Reese Strand	12	45	76	23:10.5	44:52.3	1:28.7
3	1075 Faith Restad	11	66	142	25:51.5	1:10:43.8	4:09.7
4	1073 Madicyn Holmgren	12	67	209	25:53.4	1:36:37.2	4:11.6
5	1080 Skylar Thingvold	10	68	277	26:53.7	2:03:30.9	5:11.9
6	1076 Lacey Restad	11	(71)	(348)	27:06.7	2:30:37.6	5:24.9
7	1078 Mia Sikorski	10	(72)	(420)	28:31.8	2:59:09.4	6:50.0
<b>Team - Ada-Borup/Norman County</b>				<b>Finish Position - Inc.</b>			
Team Score (places):Inc.				Average Time:			
1	693 Hailey Olson	10	Less Than 5		22:55.0	22:55.0	0:00.0
2	694 Katrina Quick	9	Less Than 5		24:26.8	47:21.8	1:31.8
<b>Team - Bagley/Fosston</b>				<b>Finish Position - Inc.</b>			
Team Score (places):Inc.				Average Time:			
1	704 Amelia Landsverk	12	Less Than 5		21:42.4	21:42.4	0:00.0
2	705 Jenna Manecke	10	Less Than 5		21:51.0	43:33.4	0:08.6
3	706 Carly Scherzer	8	Less Than 5		27:48.2	1:11:21.6	6:05.8
<b>Team - Crookston</b>				<b>Finish Position - Inc.</b>			
Team Score (places):Inc.				Average Time:			
1	826 Katherine Geist	11	Less Than 5		19:34.5	19:34.5	0:00.0

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<b>Team - Crookston</b>				<b>Finish Position - Inc.</b>			
Team Score (places):Inc.					Average Time:		
2	827 Emily Gillette	11	Less Than 5		25:29.0	45:03.5	5:54.5